

Fitness Classes In Bearsted

Monday

9.15: Moore Fitness – The Green
Claire Moore 07734 256130
clairemoore710@gmail.com

9:30 Maidstone Boot Camp – Elizabeth
Harvie Field
Tracy Rice 07845 993874
info@maidstonebootcamp.co.uk

Thursday

18:30 Pilates – St Peters Church Hall
Beginners/Intermediates
Victoria Bristow 07810 551715
victoriabristow@btinternet.com

19:30 Pilates – St Peters Church Hall
Mixed Ability
Victoria Bristow 07810 551715
victoriabristow@btinternet.com

Tuesday

9:30 Maidstone Boot Camp – Elizabeth
Harvie Field
Tracy Rice 07845 993874
info@maidstonebootcamp.co.uk

18:30 Fitness Class – St Peters Church Hall

Friday

9.15: Moore Fitness – The Green
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clairemoore710@gmail.com

9:30 Maidstone Boot Camp – Elizabeth
Harvie Field
Tracy Rice 07845 993874
info@maidstonebootcamp.co.uk

18:00: Yoga – St Peters Church Hall

Wednesday

9:00 Yoga – St Peters Church Hall

9.15: Moore Fitness – The Green
Claire Moore 07734 256130
clairemoore710@gmail.com

18:30 Yoga – St Peters Church Hall

Saturday

8:45 Fitness Class– St Peters Church Hall

Some classes offer free taster sessions, please contact directly for more information

*Subject to change. Please contact to confirm