



Freshly-cooked meals delivered to your door!

Cooking is something many of us take for granted - but not all of us are able to cook our own meals at home.

Our **'Meals on Wheels'** service delivers hot meals straight to your door. Prepared fresh at Maidstone Community Support Centre, you can expect a two-course meal packed full of flavour. Our menus often include favourites like Pasta Bakes, Casseroles and Curries!

2-Courses delivered for £9.80, with Snack Packs available for £3.20. Contact info@ageukmst.org.uk or call our team on 01622 753618 to find out more.